

HUSTLE CARD

Week

overall goal for the week

.....
.....

minutes of exercise

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Goal for the day

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Hours of Sleep

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

How was your Day? **

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Total:

“ The DREAM
is free.

HUSTLE

is sold
separately. ”

Did you invest your
time wisely? **yes/no**

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

Total (y):

Report

Summarize your week in terms of goals you have had for the week and what you have achieved. Also write down things that you can improve.

a **xyy.** initiative

** rate your day irrespective of things you did with
1 being a terribly bad day and 10 being an "awesome day".

We at **xyy.** branding are hustling as you are.
Keep hustling, good things will come to you.

Send us your Hustle card at the end of the week at abhinav@xyy.in